

## **Lancashire Health and Wellbeing Board**

Meeting to be held on 29 October 2015

### **Lancashire Children and Young People's Resilience, Emotional Wellbeing and Mental Health Transformation Plan**

Contact for further information:

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#### **Executive Summary**

The Lancashire Children and Young People's Resilience, Emotional Wellbeing and Mental Health Transformation Plan has been developed by the Children and Young People's Emotional Wellbeing and Mental Health System Board. The Board consists of key partners and has been informed by consultation with children, young people and families. It is based on comprehensive identification of needs and evidence based practice to promote good emotional wellbeing and prevention of mental ill-health through early intervention, care and recovery.

The Plan covers the pan-Lancashire area and is aligned to national expectations, set out by NHS England, that Clinical Commissioning Groups (CCG) will produce a Transformational Plan for delivering improvements in children and young people's mental health and wellbeing over the next 5 years.

As a key aspect of national assurance arrangements, Health and wellbeing Boards are asked to approve plans. Consequently, the Lancashire plan attached as Appendix 1 has been submitted to the Health and Wellbeing Boards for Lancashire, Blackpool and Blackburn with Darwen.

#### **Recommendation**

The Health and Wellbeing Board is recommended to approve Lancashire Children and Young People's Resilience, Emotional Wellbeing and Mental Health Transformation Plan 2015 – 2020 (attached at appendix 1)

#### **Background**

In June 2015 the Health and Wellbeing Board requested that a report be presented in autumn 2015 identifying recommendations to begin implementation of a new model for Children and Young People's Emotional Wellbeing and Mental Health Services in Lancashire.

Timescales have been aligned to national expectations, set out by NHS England, that Clinical Commissioning Groups (CCGs) will produce a Transformational Plan for delivering improvements in children and young people's mental health and wellbeing over the next 5 years.

There is an expectation that there is an integrated whole system approach to driving further improvements in children and young people's mental health outcomes with the NHS, public

health, voluntary and community, local authority children's services, education and youth justice sectors working together to:

- place the emphasis on building resilience, promoting good mental health and wellbeing, prevention and early intervention
- deliver a step change in how care is provided – moving away from a system defined in terms of the services organisations provide towards one built around the needs of children, young people and their families
- improve access so that children and young people have easy access to the right support from the right service at the right time and as close to home as possible. This includes implementing clear evidence based pathways for community based care to avoid unnecessary admissions to inpatient care
- deliver a clear joined up approach: linking services so care pathways are easier to navigate for all children and young people, including those who are most vulnerable
- sustain a culture of continuous evidence-based service improvement delivered by a workforce with the right mix of skills, competencies and experience
- improve transparency and accountability across the whole system - being clear about how resources are being used in each area and providing evidence to support collaborative decision making.

CCGs are expected to submit Transformational Plans to NHS England clearly articulating the case for change and evidencing how this will be achieved with all partners over the next five years.

The Children and Young People's Resilience, Emotional Wellbeing and Mental Health plan for Lancashire (Appendix 1) has been developed by the Children and Young People's Emotional Wellbeing and Mental Health System Board, which consists of key partners and has been informed by consultation with children, young people and families. It is based on comprehensive identification of needs and evidence based practice to promote good emotional wellbeing and prevention of mental ill-health through early intervention, care and recovery.

This transformation plan takes a high level strategic approach whilst being cognisant of local needs, and seeks to improve relationships, knowledge and understanding of each-others' issues. It outlines the implications for Lancashire in light of the recent guidance from Department of Health in *Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing*.

The plan recognises that the foundations for lifelong wellbeing are laid down before birth and aims to prevent mental ill-health, intervene early when it occurs and improve the quality of mental health care and recovery for children, young people and families. The focus is on a whole child and whole family approach and on developing systems which ensure children, young people (CYP) and families are at the centre of prevention, care and recovery which will improve our CYP population's mental health and wellbeing.

Use the following link to access Appendix 1, the [Lancashire Children and Young People's Resilience, Emotional Wellbeing and Mental Health Transformation Plan](#)

### **List of background papers**

Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing (2015) <https://www.gov.uk/government/publications/improving-mental-health-services-for-young-people>